If you have any of these questions,

Apple Time Family may be a great fit for you...

- I want to know about Japanese special needs services for my child, such as therapy, in the US
- I have been told from my child's school that he/she needs an evaluation. What is the evaluation?
- I want to meet Japanese or Japanese-American parents whose children have disabilities, and exchange medical and educational information.
- I want to talk in Japanese about the stresses on raising children with special needs.
- I want my child to make more friend with similar disabilities.
- I have a friend moving to the U.S. from Japan, who wants to know about services in the U.S.
- I am going to go back to Japan, and I would like to know about recent services for children with disabilities in Japan.

#### Supported by

- Japanese Medical Society of
  America
  - www.jams.org/
- Amnet New York www.amnet-usa.com/
- Yonkers Tennis Center www.yonkerstennis.com

# Apple Time Family Email: appletimeny@hotmail.co.jp http://apletimeny.org/ http://appletimeny.blog.fc2.com/

Find us on Facebook

Member of Japanese Medical Support Network in New York (JAMSNET) http://jamsnet.org

## Apple Time Family

A parent support group for children, teens, and adults with special needs and their families



### About Us

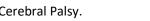
Apple Time Family is a parent support group for Japanese and Japanese-American children, teens, and adults with special needs including the Autism Spectrum, Down Syndrome, and Cerebral Palsy. Apple Time was founded in 2011 in Westchester, New York and has now expanded to the Tri-State Area as well as Japan.

#### Mission

Our mission is to enable persons living with disabilities, especially children of Japanese heritage, as well as their respective families, to attain a better quality of life through social inclusion. The corporation will do so by building a network within which said individuals are provided with pertinent information on public services, including medial, educational, employment and recreational services, in their respective communities.

Apple Time Family Inc. is organized and operated exclusively for charitable purposes within the guidelines of 501(c)(3) of the Internal Revenue Code.





### **Our Activities**

- Sharing information through ML, HP, and meetings
- Providing information about medical, educational, employment, and recreational services in New York and other states
- Holding workshops/lectures by psychologists, pediatricians, therapists, and social workers
- Organizing recreational programs such as tennis parties, skating, and day trips
- Support families coming to the USA and going back to Japan
- Raising awareness of children, teens, and adults with special needs
- Supporting "Minami Soma Factory" project assisting disabled adults who lost their jobs due to the Great East Japan Earthquake and Tsunami, and Nuclear plant disaster www.minamisoma-



#### **Our Events**

We hold various events throughout the year. These events involve all members, including children with special needs, their siblings, and their parents.

Our events include...

- Music therapy/Dance therapy workshops
- Lecture about cerebral palsy, developmental disabilities, executive function, social skill training for ADHD & LD, occupational therapy, family trust and more
- Informational sessions about transition, guardianship, employment opportunities and independent living
- Visiting welfare service facilities such as day habilitation center and group homes
- Participating in annual Disability Pride Parade in NYC
- Informational meeting with parents who have school age children to raise awareness of children with special needs
- Indoor exercise at BounceU, Tennis party
- Celebrating Japanese traditional Girl's Day Festival
- Family BBQ
- Holiday party

